

...we must have complete, Complete, COMPLETE TRUST!
Feast of St. Padre Pio ~ 23rd September 2019
“Pray, Hope and don’t worry. Worrying is USELESS!” St. Pio

St. Faustina
Personal Prayers

OH BLOOD AND WATER, WHICH GUSHED FORTH FROM THE HEART OF JESUS, AS A FOUNTAIN OF MERCY FOR US, WE TRUST IN YOU!

Eternal God, in whom Mercy is Endless and the treasury of Compassion Inexhaustible, look kindly upon us and increase Your Mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your Most Holy Divine Will, which is Love and Mercy itself. (Diary 950)

Prayer to Our Lady

O Mary, my Mother and my Lady, I offer you my soul, my body, my life and my death, and all that will follow it. I place everything in your hands. O my Mother, cover me with your virginal mantle and grant me the grace of purity of heart, soul and body. Defend me with your power against all enemies, and especially against those who hide their malice behind the mask of virtue. O lovely lily! You are for me a mirror, O my Mother! (Diary 79)

St Faustina's Praises to the Divine Mercy

The response is: ***I TRUST IN YOU!***

Divine Mercy, gushing forth from the bosom of the Father
Divine Mercy, greatest attribute of God
Divine Mercy, incomprehensible mystery
Divine Mercy, fountain gushing forth from the mystery of the Most Blessed Trinity
Divine Mercy, unfathomed by any intellect, human or angelic
Divine Mercy, from which wells forth all life and happiness
Divine Mercy, better than the heavens
Divine Mercy, source of miracle and wonders
Divine Mercy, encompassing the whole universe
Divine Mercy, descending to earth in the Person of the Incarnate Word
Divine Mercy, which flowed out from the open wound of the Heart of Jesus
Divine Mercy, enclosed in the Heart of Jesus for us, and especially for sinners
Divine Mercy, unfathomed in the institution of the Sacred Host
Divine Mercy, in the founding of Holy Church
Divine Mercy, in the Sacrament of Holy Baptism
Divine Mercy, in our justification through Jesus Christ
Divine Mercy, accompanying us through our whole life
Divine Mercy, embracing us especially at the hour of death
Divine Mercy, endowing us with immortal life
Divine Mercy, accompanying us every moment of our life
Divine Mercy, shielding us from the fire of hell
Divine Mercy, in the conversion of hardened sinners
Divine Mercy, astonishment for angels, incomprehensible to Saints
Divine Mercy, unfathomed in all the mysteries of God
Divine Mercy, lifting us out of every misery
Divine Mercy, source of our happiness and joy
Divine Mercy, in calling us forth from nothingness to existence
Divine Mercy, embracing all the works of His hands
Divine Mercy, crown of all of God's handiwork

Divine Mercy, in which we are all immersed
Divine Mercy, sweet relief for anguished hearts
Divine Mercy, only hope of despairing souls
Divine Mercy, repose of hearts, peace amidst fear
Divine Mercy, delight and ecstasy of holy souls
Divine Mercy, inspiring hope against all hope.

St. Faustina Diary Entries On "Complete Trust"

374 J.M.J Vilnius, February 4, 1935

[page in the Dairy with the words "From today on my will does not exist" crossed out with a large 'X']

The moment I knelt down to cross out my own will, as the Lord had bid me to do, I heard this voice in my soul:
From today on, do not fear God's judgment, for you will not be judged!

[The next page has...]

J.M.J Vilnius, February 4, 1935

From today on, I do the Will of God everywhere, always, and in everything. [88] + J.M.J. Vilnius, February 8, 1935

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I feel that God will let me draw aside the veils [of heaven] so that the earth will not doubt His goodness. God is not subject to eclipse or change. He is forever one and the same; nothing can contradict His will. I feel within myself a power greater than human. I feel courage and strength thanks to the grace that dwells in me. I understand souls who are suffering against hope, for I have gone through that fire myself. But God will not give [us anything] beyond our strength. Often have I lived hoping against hope, and **have advanced my hope to complete trust in God.** Let that which He has ordained from all ages happen to me.

453

On one occasion, the Lord said to me, why are you fearful and why do you tremble when you are united to Me? I am displeased when a soul yields to vain terror. Who will dare to touch you when you are with Me? **Most dear to Me is the soul that strongly believes (trusts) in My Goodness and has complete trust in Me. I heap My Confidence upon it and give it All it asks.**

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After Holy Communion, I heard these words: You see what you are of yourself, but do not be frightened at this. If I were to reveal to you the whole misery that you are, you would die of terror. However, be aware of what you are. Because you are such great misery, I have revealed to you the whole ocean of My Mercy. I seek and desire souls like yours, but they are few. **Your great trust in Me forces Me to continuously grant you Graces. You have great and incomprehensible rights over My Heart, for you are a daughter of complete trust.** You would not have been able to bear the magnitude of the Love which I have for you if I had revealed it to you fully here on earth. I often give you a glimpse of It, but know that this is only an exceptional Grace from Me. My Love and Mercy knows no bounds

1679

After the first examination, the doctor [Silberg] found that my condition was grave. "We suspect, Sister, that you do have the illness (tuberculosis) about which you spoke to me. But Almighty God can do all things."

When I entered my room, I steeped myself in prayer of thanksgiving for everything the Lord had been sending me throughout my whole life, **surrendering myself totally to His Most Holy Divine Will.** A deep joy and peace flooded my soul. I felt a peace so great that, if death had come at that moment, I would not have said to it, "Wait, for I still have some matters to attend to." No, I would have welcomed it with joy, because I am ready for the meeting with the Lord, not only today, **but ever since the moment when I placed my complete trust in the**

Divine Mercy, resigning myself totally to His Most Holy Will, full of Mercy and Compassion. I know what I am of myself

Complete Trust in God

According to St. Albert the Great, “The greater and more persistent your confidence in God, the more abundantly you will receive all that you ask.” This point is echoed by St. Teresa of Avila, who reassures us, “God is full of compassion and never fails those who are afflicted and despised, if they trust in Him alone.”

“A few acts of confidence and love are worth more than a thousand ‘Who knows? Who knows?’ Heaven is filled with converted sinners of all kinds, and there is room for more.” — *St. Joseph Cafasso*

“Those whose hearts are enlarged by confidence in God run swiftly on the path of perfection. They not only run, they fly; because, having placed all their hope in the Lord, they are no longer weak as they once were. They become strong with the strength of God, which is given to all who put their trust in Him.” — *St. Alphonsus*

Liguori

Do not look forward to the trials and crosses

of this life with dread and fear.

**Rather, look to them with full confidence
that as they arise, God, to whom you belong,
will deliver you from them.**

**He has guided and guarded you
thus far in life.**

**Do you but hold fast to his dear hand, and
He will lead you safely through all trials.
Whenever you cannot stand,
he will carry you lovingly in his arms.**

**He will lead you safely through all trials.
Whenever you cannot stand,
he will carry you lovingly in his arms.**

**Do not look forward to what may happen tomorrow.
The same Eternal Father who cares for you today
will take good care of you tomorrow
and every day of your life.**

**Either he will shield you from suffering or
He will give you the unfailing strength to bear it.
Be at peace then and put aside all useless thoughts,
vain dreads, and anxious imaginations.**

(St. Francis de Sales)

"Behold, God is my salvation; I will trust, and will not be afraid; for the LORD GOD is my strength and my song, and he has become my salvation." Isaiah 12:2

“But he who puts his trust in Me shall possess the land, and shall inherit My holy mountain.” (Isaiah 57:13)

Thou dost keep him in perfect peace, whose mind is stayed on thee, because he trusts in thee. Trust in the LORD forever, for the LORD GOD is an everlasting rock. Isaiah 26:3-4

When you pass through the waters.

I will be with you;

and when you pass through the rivers,
they will not sweep over you.
When you walk through the fire,
you will not be burned;
the flames will not set you ablaze.

Isaiah 43:2

In thee our fathers trusted; they trusted, and thou didst deliver them.
To thee they cried, and were saved; in thee they trusted, and were not disappointed.

Psalm 22:4 – 5

Trust in the Lord and do good;
dwell in the land and enjoy safe pasture.

Psalm 37:3

My salvation and my honor depend on God;
he is my mighty rock, my refuge.

Psalm 62:7

Whoever dwells in the shelter of the Most High
will rest in the shadow of the Almighty.
I will say of the Lord, "He is my refuge and my fortress,
my God, in whom I trust."

Psalm 91:1-2

Let the morning bring me word of your unfailing love,
for I have put my trust in you.
Show me the way I should go,
for to you I entrust my life.

Psalm 143:8

"He trusted in the Lord God of Israel ... For he held fast to the Lord; he did not depart from following Him, but kept His commandments ... The Lord was with him; he prospered wherever he went." (2 Kings 18:5-7)

Trust in the Lord with all your heart
and lean not on your own understanding;
in all your ways submit to him,
and he will make your paths straight.

Proverbs 3:5-6

Whoever gives heed to instruction prospers,
and blessed is the one who trusts in the Lord.

Proverbs 16:20

Fear of man will prove to be a snare,
but whoever trusts in the Lord is kept safe.

Proverbs 29:25

Thus says the LORD: "**Cursed is the man who trusts in man** and makes flesh his arm, whose heart turns away from the LORD. **Blessed is the man who trusts in the LORD, whose trust is the LORD.**"

Jeremiah 5,7

Thus says the Lord: "Cursed is the man who trusts in man and makes flesh his strength, whose heart departs from the Lord. For he shall be like a shrub in the desert, and shall not see when good comes, but shall inhabit the parched places in the wilderness, in a salt land which is not inhabited. Blessed is the man who trusts in the Lord, and whose hope is the Lord. For he shall be like a tree planted by the waters, which spreads out its roots by the river, and will not fear when heat comes; but her leaf will be green, and will not be anxious in the year of drought, nor will cease from yielding fruit." (Jeremiah 17:5)

For I will surely save you, and you shall not fall by the sword; but you shall have your life as a prize of war, because you have put your trust in me, says the LORD." Jeremiah 39:18

Then the king was exceedingly glad, and commanded that Daniel be taken up out of the den. So Daniel was taken up out of the den, and no kind of hurt was found upon him, because he had trusted in his God. Daniel 6:23

Trust in him, and he will help you; make your ways straight, and hope in him. You who fear the Lord, trust in him, and your reward will not fail; Consider the ancient generations and see: who ever trusted in the Lord and was put to shame? Or whoever persevered in the fear of the Lord and was forsaken? Or who ever called upon him and was overlooked? Woe to the faint heart, for it has no trust! Therefore, it will not be sheltered. Sirach 2:6,8,10,13

"And so observe, from generation to generation, that none who put their trust in him will lack strength. Maccabees 2:61

"For they trust to arms and acts of daring," he said, "but we trust in the Almighty God, who is able with a single nod to strike down those who are coming against us and even the whole world." Maccabees 8:18:

For we live by faith, not by sight.
2 Corinthians 5:7

So we say with confidence,
"The Lord is my helper; I will not be afraid.
What can mere mortals do to me?"
Hebrews 13:6

But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind.
James 1:6

This is a Good Story:

Once, there was a man of good cheer. This man was the favorite friend of the King, and they did many things together. There was just one thing very particular about this friend – no matter what happened in life, might it have been good or bad, the friend would always respond, "This is good." This was very annoying to most people, including the King, but still he liked spending time with him.

One day, the King and his friend rigged up a gun and decided to try it out by going hunting. Something went terribly wrong when the King pulled the trigger. The gun somehow backfired and blew off his thumb. His friend commented in the usual way, "This is good!" But it was too much to take even for the King. He grew very angry at his friend and had him thrown in jail.

About a year went by, and this time the King was out hunting by himself. He was in an area where he really shouldn't be, but did not realize it. All of a sudden strange-looking bush people came out from everywhere, captured him, and took him back to their tribe. There they tied him up at the stake and put lots of wood around to roast him. The King grew even more fearful as he realized that these people were cannibals. While they started to get the fire going, one of them noticed that the King's thumb was missing. Now these cannibals never ate anyone who wasn't whole or healthy looking. They quickly untied the King and motioned him to get away from there. On his way back, the King thought about his friend in prison. He felt remorse and went to see him. "My friend, I see now how indeed, it was good that my thumb was blown off, or I would have been eaten by cannibals. Please forgive me for throwing you in prison." "This was good!" the friend exclaimed. "Now how could it have been good for you to be in jail?" "Well, my dear King, if I hadn't been in jail, I would have been with you."

Of course, the moral of the story is that we can't see beyond our own fish bowl, and we need to totally trust that God has a good purpose for whatever hardships might befall us... and beyond our understanding (for God's Ways Are not our ways.)

Entrée: 18 Verses About Trusting God

1 After this, God would put Abraham to the test. So he called to him, Abraham, Abraham; and when he said, I am here, at thy command,

2 God told him, take thy only son, thy beloved son Isaac, with thee, to the land of Clear Vision, and there offer him to me in burnt-sacrifice on a mountain which I will shew thee.

3 Rising, therefore, at dawn, Abraham saddled his ass, bidding two of the men-servants and his son Isaac follow him; he cut the wood needed for the burnt-sacrifice, and then set out for the place of which God had spoken to him.

4 It was two days later when he looked up and saw it, still far off;

5 and now he said to his servants, wait here with the ass, while I and my son make our way yonder; we will come back to you, when we have offered worship there.

6 Then he took the wood for the sacrifice, and gave it to his son Isaac to carry; he himself carried the brazier and the knife. As they walked along together

7 Isaac said to him, Father. What is it, my son? he asked. Why, said he, we have the fire here and the wood; where is the lamb we need for a victim?

8 My son, said Abraham, God will see to it that there is a lamb to be sacrificed. So they went on together

9 till they reached the place God had shewn him. And here he built an altar, and set the wood in order on it; then he bound his son Isaac and laid him down there on the altar, above the pile of wood.

10 And he reached out, and took up the knife, to slay his son.

11 But now, from heaven, an angel of the Lord called to him, Abraham, Abraham. And when he answered, here am I, at thy command,

12 the angel said, Do the lad no hurt, let him alone. I know now that thou fearest God; for my sake thou wast ready to give up thy only son.

13 And Abraham, looking about him, saw behind him a ram caught by the horns in a thicket; this he took, and offered it as a burnt-sacrifice, instead of his son.

14 So Abraham called that spot, The Lord's Foresight; and the saying goes to this day, On the mountain top, the Lord will see to it.

15 Once more the angel of the Lord called to Abraham out of heaven; and he said,

16 This message the Lord has for thee: I have taken an oath by my own name to reward thee for this act of thine, when thou wast ready to give up thy only son for my sake.

17 More and more will I bless thee, more and more will I give increase to thy posterity, till they are countless as the stars in heaven, or the sand by the sea shore; thy children shall storm the gates of their enemies;

18 all the races of the world shall find a blessing through thy posterity, for this readiness of thine to do my bidding.

Trusting God for A Way Through the Red Sea

Exodus and the forty years (Exodus 12:34 and after)

At the head of 600,000 men, besides **women** and children, and heavily laden with the spoils of the Egyptians, Moses follows a way through the **desert**, indicated by an advancing pillar of alternating cloud and fire, and gains the peninsula of Sinai by crossing the **Red Sea**. A dry passage, **miraculously** opened by him for this purpose at a point today unknown, afterwards proves a fatal trap for a body of **Egyptian** pursuers, organized by **Pharaoh** and possibly under his leadership. The event furnishes the theme of the thrilling canticle of Moses.

Nehemiah 9:9

"You saw the affliction of our fathers in Egypt, and heard their cry by the Red Sea.

Exodus 14:16

"As for you, lift up your staff and stretch out your hand over the sea and divide it, and the sons of Israel shall go through the midst of the sea on dry land.

Exodus 14:21

Then Moses stretched out his hand over the sea; and the LORD swept the sea back by a strong east wind all night and turned the sea into dry land, so the waters were divided.

Exodus 14:26

Then the LORD said to Moses, "Stretch out your hand over the sea so that the waters may come back over the Egyptians, over their chariots and their horsemen."

Joshua 2:10

"For we have heard how the LORD dried up the water of the Red Sea before you when you came out of Egypt, and what you did to the two kings of the Amorites who were beyond the Jordan, to Sihon and Og, whom you utterly destroyed.

Joshua 4:23

"For the LORD your God dried up the waters of the Jordan before you until you had crossed, just as the LORD your God had done to the Red Sea, which He dried up before us until we had crossed;

Psalms 136:13

To Him who divided the Red Sea asunder, For His lovingkindness is everlasting,

Psalms 106:9

Thus He rebuked the Red Sea and it dried up, And He led them through the deeps, as through the wilderness.

Isaiah 51:10

Was it not You who dried up the sea, the waters of the great deep; Who made the depths of the sea a pathway for the redeemed to cross over?

Isaiah 63:11

Then His people remembered the days of old, of Moses Where is He who brought them up out of the sea with the shepherds of His flock? Where is He who put His Holy Spirit in the midst of them,

1 Corinthians 10:1

For I do not want you to be unaware, brethren, that our fathers were all under the cloud and all passed through the sea;

1 Corinthians 10:2

and all were baptized into Moses in the cloud and in the sea;

Hebrews 11:29

By faith they passed through the Red Sea as though they were passing through dry land; and the Egyptians, when they attempted it, were drowned.

EXODUS 15

1 Then Moses and the Israelites sang praise to the Lord, and this was their song: A psalm for the Lord, so great he is and so glorious; horse and rider hurled into the sea! 2 Who but the Lord is my protector, the pride of my song; who but the Lord has brought me deliverance? Shall I not praise him, my own God; shall I not extol him, the God of my father before me? 3 The Lord, the warrior God, whose very name tells of omnipotence! 4 That power could hurl Pharaoh's chariots, Pharaoh's army, into the sea; drowned in the Red Sea, the flower of all his chivalry; 5 the depths closed over them, and they sank to the bottom like a stone. 6 How magnificent, Lord, is the strength of thy right hand; that right hand which has shattered the enemy! 7 Against such majesty rose they but to fall; the hot breath of thy anger burnt them up like stubble. 8 The waters were piled high through the blast of thy fury; the waves were still, at the sea's heart the depths congealed. 9 After them, seize them! the enemy cried; there will be spoils for all, to our heart's content; now to unsheathe my sword, and deal the fatal blow! 10 A breath from thee, and the sea closed over them; they sank in the raging waters like lead. 11 What power is there, Lord, that can match thee? Who, as thou art, is august in holiness, who so worthy of fear and of praise, who so wonderful in his doings? 12 Thou hadst but to stretch out thy hand, and the earth swallowed them up. 13 Thy mercy had delivered Israel; thy mercy should be their guide; thy strong arms should carry them to the holy place where thou dwellest. 14 The heathen raged in their hill-fastnesses; anguish came upon Philistia's citizens, 15 the chieftains of Edom were dismayed, the warriors of Moab overcome with fear; a numbness seized upon all that dwelt in Chanaan. 16 Terror and dread must needs fall upon them; still as a stone, under the threat of thy powerful arm, they must watch thy people go by, thy ransomed people, Lord, go by unharmed. 17 Entry thy people should have, and a home on the mountain thou claimest for thy own, the inviolable dwelling-place, Lord, thou hast made for thyself, the sanctuary thy own hands have fashioned! 18 The reign of the Lord will endure for ever and ever. 19 To horse! cried Pharaoh, and swept chariots and horsemen on into the sea; and the Lord brought the waters of the sea back over them, while the sons of Israel went through the midst of it dry-shod. 20 Hereupon Mary the prophetess, Aaron's sister, went out with a tambour in her hand, and all the women-folk followed her, with tambour and with dances, 21 and took up from her the refrain, A psalm for the Lord, so great he is and so glorious; horse and rider hurled into the sea!

Litany of Trust

From the belief that I have to earn Your love ... *Deliver me, Jesus.*

From the fear that I am unlovable ... *Deliver me, Jesus.*

From the false security that I have what it takes ... *Deliver me, Jesus.*

From the fear that trusting You will leave me more destitute ... *Deliver me, Jesus.*

From all suspicion of Your words and promises ... *Deliver me, Jesus.*

From the rebellion against childlike dependency on You ... *Deliver me, Jesus.*

From refusals and reluctances in accepting Your will ... *Deliver me, Jesus.*

From anxiety about the future ... *Deliver me, Jesus.*

From resentment or excessive preoccupation with the past ... *Deliver me, Jesus.*

From restless self-seeking in the present moment ... *Deliver me, Jesus.*

From disbelief in Your love and presence ... *Deliver me, Jesus.*

From the fear of being asked to give more than I have ... *Deliver me, Jesus.*

From the belief that my life has no meaning or worth ... *Deliver me, Jesus.*

From the fear of what love demands ... *Deliver me, Jesus.*

From discouragement ... *Deliver me, Jesus.*

LET US PRAY ~

That You are continually holding me sustaining me, loving me ... *Jesus, I trust in You.*

That Your love goes deeper than my sins and failings, and transforms me ... *Jesus, I trust in You.*

That not knowing what tomorrow brings is an invitation to lean on You ... *Jesus, I trust in You.*

That you are with me in my suffering ... *Jesus, I trust in You.*

That my suffering, united to Your own, will bear fruit in this life and the next ... *Jesus, I trust in You.*

That You will not leave me orphan, that You are present in Your Church ... *Jesus, I trust in You.*

That Your plan is better than anything else ... *Jesus, I trust in You.*

That You always hear me, and in Your goodness always respond to me ... *Jesus, I trust in You.*

That You give me the grace to accept forgiveness and to forgive others ...*Jesus, I trust in You.*

That You give me all the strength I need for what is asked ...*Jesus, I trust in You.*

That my life is a gift ... *Jesus, I trust in You.*

That You will teach me to trust You ... *Jesus, I trust in You.*

That You are my Lord and my God ... *Jesus, I trust in You.*

That I am Your beloved one ... *Jesus, I trust in You.*

Lord Jesus, I Completely Trust In YOU!

(Editor's note: In the [Sisters of Life](#) magazine, I was blessed to find the *Litany of Trust* penned by Sr. Faustina Maria Pia, S.V

Learn more about the good work of the Sisters of Life: www.sistersoflife.org.)